

**SACRAMENTO SUPERIOR COURT
ANGER MANAGEMENT SERVICES
February 16, 2021**

*** This list is maintained solely as a service to Family Court litigants and constitutes neither an endorsement nor recommendation by the Court.**

Any provider offering Anger Management Services must meet the following criterion at a minimum to qualify as an anger management facilitator.

1. Has completed forty hours of anger management facilitator training with emphasis in each of the following areas:
 - Adult, parent, child anger management
 - Child development, from birth through adolescence
 - Family and domestic violence
 - Family conflict and anxiety
 - Stress management child abuse
2. Uses a reliable assessment tool that includes a **Pre-** and **Post-**Test to measure outcomes.
3. Receives 16 hours of continuing education annually in any of the above areas.

Any provider offering anger management for clients referred from Family Court must address at least the following core topics during the anger management program:

- Gaining personal control
- Stress Management
- Basic Communication Skills
- Role Modeling and Positive Parenting Reinforcement
- Child Abuse and Corporal Punishment
- Coping with Stress
- Triggers, Provocation and Alternative Responses
- Identifying Distorted Thinking
- Irrational Beliefs
- Identifying and Expressing Needs
- Assertiveness vs. Bullying

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<p>Affordable Counseling and Educational Services 3101 Sunset Blvd, Suite 6-C Rocklin, CA 95677 Phone: (916) 630-9188 Fax: (916) 251-7523 Email: rmontague@affordablecounseling.net Web: www.affordablecounseling.net Contact: <u>Reneta Martinez, Office Manager</u></p>	<p>AiMED Anger Management Education 2715 K Street, Suite 200 Sacramento, CA 95816 Phone: (916) 248-6728 / 667-8954 Email: ac.edu@live.com Web: www.aimedanger.com Contact: Myrna C. Brady</p>
<p>At the Heart 2378 Maritime Drive, Suite 100 Elk Grove, CA 95758 Phone: (916) 292-8732 Email: info@attheheartcounseling.org Web: www.attheheartcounseling.org Contact: Andrea Peterson, Clinical Director</p>	<p>Another Chance Counseling Brenda Baldwin, CLC 2715 K Street, Suite C Sacramento, CA 95816 Phone: (916) 910-4941 Email: brendabaldwinclc@gmail.com Contact: Brenda Baldwin</p>
<p>Katie Aymett, LMFT 9521 Folsom Blvd, Suite R Sacramento, CA 95827 Phone: (916) 368-8867/ (916) 363-4600</p>	<p>Better Decision Counseling 10366 Rockingham Road Sacramento, CA 95827 Phone: (916) 368-0700 Email: Betterdecisionsinfo@gmail.com Web: www.betterdecisionsinc.org Contact: Janina Guarino</p>
<p>Breaking Through Anger 1381 Florin Road Sacramento, CA 95822 Phone: (916) 479-5316 Email: breakingthroughanger@gmail.com Web: breakingthruanger.com Contact: Valerie Andrews</p>	<p>Center for Fathers & Families 920 Del Paso Blvd Sacramento, CA 95815 Phone: (916) 568-3237 Email: fromtheheart1@hotmail.com Web: www.cffsacramento.org Contact: Terry F. Moore</p>

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<p>Colleen Moore 1899 E. Roseville Parkway, Suite 100 Roseville, CA 95661 Phone: (530) 320-2120 Fax: (530) 653-2121 Email: colleen@morethanrecovery.com Web: www.morethanrecovery.com Contact: Colleen Moore</p>	<p>Changing Passage Family Service 2377 Gold Meadow Way Gold River, CA 95670 Phone: (916) 985-4887 Email: tadams@changingpassage.com Web: www.changingpassage.com Contact: Terrance Adams</p>
<p>David Coolidge 2130 Enturstle Folsom, CA 95630 Phone: (916) 984-3768 Email: DVD_Coolidge@yahoo.com Web: www.angermanagementclasses.com Contact: David C. Coolidge, MFT</p>	<p>Cornerstone Recovery Inc. 8359 Elk Grove Blvd, #233 Sacramento, CA 95829 Phone: (916) 236-4545 Email: cornerstonerecoveryinc@yahoo.com Web: http://www.cornerstonerecoveryinc.net Contact: Ted Brown</p>
<p>Couples Resource Collective 900 Fulton Avenue, #160 Sacramento, CA 95825 Phone: (916) 287-3602 Email: lindseyy@couplesrc.org Web: https://couplesrcollective.org/ Contact: Lindsey Yochum Associate Therapist</p>	<p>The Cutting Edge Journey 3105 1st Avenue, Suite B Sacramento, CA 95817 Phone: (916) 868-8656 Email: thecuttingedgejourney.3105@gmail.com Contact: Alisa D. Nelson, MSW</p>
<p>A Different Path 7220 24th Street Sacramento, CA 95822 Phone: (916) 395-5023 Email: adifferentpath.info@gmail.com Web: www.adifferentpath.net Contact: Ahisha Lewis LaRita Jackson</p>	<p>Face of Grace 5407 Palm Avenue Sacramento, CA 95841 Phone: (916) 993-8213 Email: faceofgrace27@gmail.com Web: www.faceofgrace.biz Contact: Alma Wilson</p>

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<p>Angelique Gallow 7800 Masters Street Elk Grove, CA 95758 Phone: (916) 320-4460 Email: angeliquegallow@gmail.com Web: https://www.angeliquegallow.com/programs Contact: Angelique Gallow</p>	<p>Healing Pathways Psychological Svcs 2710 "X" Street, #1 Sacramento, CA 95818 Phone: (916) 595-7233 Fax: (916) 453-9093 Email: lkashersky@live.com Website: www.sacramentocounseling.net Contact: Dr. Leona Kashersky</p>
<p>H.O.P.E, Inc. 4800 Manzanita Avenue, Unit A9 Carmichael, CA 95608 Phone: (916) 514-9334 Email: hopeorganization18@gmail.com Contact: Travis Dennard</p>	<p>Horizon Family & Community Services 3960 Industrial Blvd, #200 West Sacramento, CA 95691 Phone: (916) 752-8965 Email: admin@horizoncounseling.org Web: www.horizoncounseling.org Contact: Jalena Rusaw</p>
<p>Kindred Counseling 2386 Maritime Drive, #110 Elk Grove, CA 95758 Phone: (916) 509-9707 Email: brandyjt@kindredcounselor.com Web: www.kindredcounselor.com Contact: Brandy Jones-Thomas</p>	<p>New Life Recovery & Counseling 2701 Cottage Way, #7 Sacramento, CA 95825 Phone: (916) 802-7412/ (916) 804-4884 Fax: (916) 349-8090 Email: olgabirgans@yahoo.com Web: www.newliferecoverycounseling.net Contact: Olga Bergans, Owner</p>
<p>NorCal Mental Health America of N. California 1908 O Street Sacramento, CA 95811 Phone: (916) 855-5427 Fax: (916) 855-5448 Email: shader@norcalmha.org Contact: Sandena Bader</p>	<p>Northern California Breakthrough Parenting 1017 L Street Sacramento, CA 95814 Phone: (530) 632-2800 Email: norcalreakthroughparenting@gmail.com Web: https://www.facebook.com/norcalparenting</p>

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<p>Redefining You Therapy 3105 1st Avenue, Suite A Sacramento, CA 95817 Phone: (916) 216-1166 Fax (916) 476-3464 Email: info@redefiningyouththerapy.com Web: www.redefiningyouththerapy.com Contact: Peter Best</p>	<p>Share Homes Family Service 210 N School Street Woodland, CA 95240 Phone: (209) 334-6376 x100 Fax: (209) 334-4408 Email: ewood@sharehomes.org Web: www.sharehomes.org Contact: Eric Wood</p>
<p>Lesah Towner 2427 Arcade Community Center Sacramento, CA 95821 Phone: 514-8096, ext 106 Fax: (916) 903-6218 Email: ltowner@mutual Assistance.org</p>	<p>Transforming The Anger Emotion P.O. Box 13153 Sacramento, CA 95813 Phone: (916) 504-8310 Email: carriebuford227@gmail.com</p> <p>Service location: 7011 Sylvan Road, Suite E Citrus Height, CA 95610 Contact: Carrie L. Buford, C.A.M.F.</p>
<p>Darlene Viggiano, PhD, MFT 2308 J Street, Suite D Sacramento, CA 95816 Phone: (916) 239-5248 Email: dbviggiano@gmail.com Web: www.drvgiggiano.yolasite.com</p>	<p>Works Through Faith 5098 Foothills Blvd, Suite 3-354 Roseville, CA 95747 Antelope, CA 95043 Phone: (916) 968-7197 Email: worksthroughfaith@gmail.com</p>

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Contact: Roderick Fields, CADC II, ICADC

This list is offered solely as a service to litigants in Family Court cases. Family Court has not investigated or evaluated the competence of the providers who are on these lists and does not endorse or recommend any provider. The information in each listing was self-reported by the individual provider and Family Court makes no warranty or guarantee concerning its accuracy or reliability. Litigants are encouraged to fully investigate the credentials of and methods employed by the providers.