

**SACRAMENTO SUPERIOR COURT  
CO-PARENTING EDUCATION  
February 16, 2021**

**\* This list is maintained solely as a service to Family Court customers and constitutes neither an endorsement nor recommendation by the Court.**

The Co-Parent Educator offering instructive services in a classroom setting are considered educational as opposed to treatment oriented and are regulated in part by the California Commission on Teacher Credentialing if they provide services sanctioned and supervised by a public school district. Other providers offering classroom services for Co-Parent Education must be sanctioned and supervised by a licensed mental health provider, such as Kaiser Permanente or the County Department of Health and Human Services, or they must possess an advanced degree (Bachelor level or above) in psychology, sociology, or marriage and family systems.

Any provider offering co-parent education for clients referred from Family Court must address at least the following core topics of co-parenting:

- Impact of separation and divorce on children
- Children's reaction to separation and divorce at each developmental stage
- Impact of post-separation or post-divorce conflict on children
- Understanding anger and its effect on children
- Keeping children out of the middle of parental conflict
- Emotional divorce and grief: Redefining relationships and roles as parents
- Establishing a "business" relationship as co-parents
- Parenting styles
- Co-Parenting basics
- Provide examples of effective and ineffective communication in common co-parenting situations

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<p>Affordable Counseling and Educational Services 3101 Sunset Blvd, Suite 6-C Rocklin, CA 95677 Phone: (916) 630-9188 Fax: (916) 251-7523 Email: <a href="mailto:rmontague@affordablecounseling.net">rmontague@affordablecounseling.net</a> Web: <a href="http://www.affordablecounseling.net">www.affordablecounseling.net</a> Contact: Reneta Martinez, Office Manager</p>	<p>Rabiiia Ali, LMFT, South SAC MHC 2020 29<sup>th</sup> Street Sacramento, CA 95517 Phone: (916) 495-4561 Email: <a href="mailto:r.alilmft@gmail.com">r.alilmft@gmail.com</a> Web: <a href="http://www.southsacmhc.com">www.southsacmhc.com</a></p>
<p>ARCH Family Services 6000 Lemon Hill Avenue Sacramento, CA 95824 Phone: (916) 554-8270 Email: <a href="mailto:archfamilyservices@gmail.com">archfamilyservices@gmail.com</a> Web: <a href="http://www.archfamily.org">www.archfamily.org</a> Contact: Chanton Sitandon</p>	<p>At the Heart 2378 Maritime Drive, Suite 100 Elk Grove, CA 95758 Phone: (916) 292-8732 Email: <a href="mailto:info@attheheartcounseling.org">info@attheheartcounseling.org</a> Web: <a href="http://www.attheheartcounseling.org">www.attheheartcounseling.org</a> Contact: Andrea Peterson, Clinical Director</p>
<p>Better Decision Counseling 10366 Rockingham Road Sacramento, CA 95827 Phone: (916) 368-0700 Email: <a href="mailto:Betterdecisionsinfo@gmail.com">Betterdecisionsinfo@gmail.com</a> Web: <a href="http://www.betterdecisionsinc.org">www.betterdecisionsinc.org</a> Contact: Janina Guarino</p>	<p>Center for Fathers &amp; Families 920 Del Paso Blvd Sacramento, CA 95815 Phone: (916) 568-3237 Email: <a href="mailto:fromtheheart1@hotmail.com">fromtheheart1@hotmail.com</a> Web: <a href="http://www.cffsacramento.org">www.cffsacramento.org</a> Contact: Terry F. Moore</p>
<p>Changing Passage Family Service 2377 Gold Meadow Way Gold River, CA 95670 Phone: (916) 985-4887 Email: <a href="mailto:tadams@changingpassage.com">tadams@changingpassage.com</a> Web: <a href="http://www.changingpassage.com">www.changingpassage.com</a> Contact: Terrance Adams</p>	<p>Chicks in Crisis 9455 E. Stockton Blvd Elk Grove, CA 95624 Phone: (916) 441-1243 Email: <a href="mailto:info@chicksincrisis.org">info@chicksincrisis.org</a> Web: <a href="http://www.chicksincrisis.org">www.chicksincrisis.org</a> Contact: Denee Steinbacker, Manager</p>

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<p>David C. Coolidge 2130 Enturistle Folsom, CA 95630 Phone: (916) 984-3768 Email: <a href="mailto:dvd-coolidge@yahoo.com">dvd-coolidge@yahoo.com</a> Web: <a href="http://www.angermanagementclasses.com">www.angermanagementclasses.com</a> Contact: David Coolidge, President</p>	<p>Co-Parenting Education 380 S. Melrose, Drive #350 Vista, CA 92081 Phone: (760) 522-8899 Email: <a href="mailto:kmonlineeducation@gmail.com">kmonlineeducation@gmail.com</a> Web: <a href="http://KM-Online-Education.thinkiFic.com">http://KM-Online-Education.thinkiFic.com</a> Contact: Mitra Sarkhosh</p>
<p>Couples Resource Collective 900 Fulton Avenue, #160 Sacramento, CA 95825 Phone: (916) 287-3602 Email: <a href="mailto:lindseyy@couplesrc.org">lindseyy@couplesrc.org</a> Web: <a href="https://couplesresourcecollective.org/">https://couplesresourcecollective.org/</a> Contact: Lindsey Yochum Associate Therapist</p>	<p>The Cutting Edge Journey 3105 1<sup>st</sup> Avenue, Suite B Sacramento, CA 95817 Phone: (916) 868-8656 Email: <a href="mailto:thecuttingedgejourney.3105@gmail.com">thecuttingedgejourney.3105@gmail.com</a> Web: <a href="http://thecuttingedgejourney.com">thecuttingedgejourney.com</a> Contact: Alisa D. Nelson, MSW</p>
<p>A Different Path 7220 24<sup>th</sup> Street Sacramento, CA 95822 Phone: (916) 395-5023 Email: <a href="mailto:adifferentpath.info@gmail.com">adifferentpath.info@gmail.com</a> Web: <a href="http://www.adifferentpath.net">www.adifferentpath.net</a> Contact: Ahisha Lewis LaRita Jackson</p>	<p>Family Visitation Network 4944 Windplay Drive #114 El Dorado Hills, CA 95672 Phone: (530) 647-6907 Fax: (530) 350-8775 Email: <a href="mailto:donellefvn@gmail.com">donellefvn@gmail.com</a> Contact: Donelle Anderson</p> <p>Other Location: 681 Main Street, Ste 201 Placerville, CA 95667</p> <p>2717 Cottage Ave, Suite 6 Sacramento, CA 95825</p>

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<p>Angelique Gallow 7800 Masters Street Elk Grove, CA 95758 Phone: (916) 320-4460 Email: <a href="mailto:angeliquegallow@gmail.com">angeliquegallow@gmail.com</a> Web: <a href="https://www.angeliquegallow.com/programs">https://www.angeliquegallow.com/programs</a> Contact: Angelique Gallow</p>	
<p>Mary Guzik, LCSW 5050 Sunrise Blvd, Suite C-15 Fair Oaks, CA 95662 Phone: (916) 622-1554 Email: <a href="mailto:letstalk@counselingabcs.com">letstalk@counselingabcs.com</a> Web: <a href="http://counselingabcs.com">counselingabcs.com</a></p>	<p>Horizon Family &amp; Community Services 3960 Industrial Blvd, #200 West Sacramento, CA 95691 Phone: (916) 752-8965 Email: <a href="mailto:admin@horizoncounseling.org">admin@horizoncounseling.org</a> Web: <a href="http://www.horizoncounseling.org">www.horizoncounseling.org</a> Contact: Jalena Rusaw</p>
<p>H.O.P.E, Inc. 4800 Manzanita Avenue, Unit A9 Carmichael, CA 95608 Phone: (916) 514-9334 Email: <a href="mailto:hopeorganization18@gmail.com">hopeorganization18@gmail.com</a> Contact: Travis Dennard</p>	<p>Hope for Healthy Families Counseling Ctr. 8788 Elk Grove Blvd, Bldg 1, Suite L Elk Grove, CA 95624 Phone: (916) 686-9209/(916) 667-3239 Web: <a href="http://www.hopeforhealthyfamilies.org">www.hopeforhealthyfamilies.org</a> R. Isabel K'Burg, Executive Director</p>
<p>Christine R. Jarka, LCSW 7996 Old Winding Way, Suite 210 Fair Oaks, CA 95628 Phone: (530) 409-0518 Email: <a href="mailto:crjarka@sbcglobal.net">crjarka@sbcglobal.net</a></p>	<p>Kindred Counseling 2386 Maritime Drive, #110 Elk Grove, CA 95758 Phone: (916) 509-9707 Email: <a href="mailto:brandyjt@kindredcounselor.com">brandyjt@kindredcounselor.com</a> Web: <a href="http://www.kindredcounselor.com">www.kindredcounselor.com</a> Contact: Brandy Jones-Thomas</p>
<p>New Life Recovery &amp; Counseling 2701 Cottage Way, #7 Sacramento, CA 95825 Phone: (916) 802-7412/ (916) 804-4884</p>	<p>Northern California Breakthrough Parenting 1017 L Street Sacramento, CA 95814 Phone: (530) 632-2800</p>

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<p>Fax: (916) 349-8090          Email: <a href="mailto:olgabirgans@yahoo.com">olgabirgans@yahoo.com</a>          Web: <a href="http://www.newliferecoverycounseling.net">www.newliferecoverycounseling.net</a>          Contact: Olga Bergans, Owner</p>	<p>Email: <a href="mailto:norcalreakthroughparenting@gmail.com">norcalreakthroughparenting@gmail.com</a>          Web: <a href="https://www.facebook.com/norcalparenting">https://www.facebook.com/norcalparenting</a>          Contact: Christy L. Bodily</p>
<p>Real Hope for Co-Parents          5011 Golden Foothill Parkway, Suite 6          El Dorado Hills, CA 95762          Phone: (916) 933-5011          Email: <a href="mailto:alisajaffeholler.com">alisajaffeholler.com</a>          Web: <a href="http://www.alisajaffeholler.com">www.alisajaffeholler.com</a></p>	<p>Real Life Therapy          3750 Auburn Blvd, Suite C          Sacramento, CA 95821          Phone: (916) 426-1616          (888) 462-4494          Email: <a href="mailto:stephanie@realifetherapy.com">stephanie@realifetherapy.com</a>          Web: <a href="http://www.realifetherapy.com">www.realifetherapy.com</a>          Contact: Stephanie Lott, LMFT</p>
<p>W. Renee Martin LCSW          8788 Elk Grove Blvd, Bldg. 2, Suite F          Elk Grove, CA 95624          Phone: (916) 400-0505/ (916) 687-3140          Email: <a href="mailto:reneemartinlcsw@gmail.com">reneemartinlcsw@gmail.com</a>  <a href="http://WWW.reneemartinlcsw.com">WWW.reneemartinlcsw.com</a>          Contact: Renee Martin, LCSW</p>	<p>Redefining You Therapy          3105 1<sup>st</sup> Avenue, Suite A          Sacramento, CA 95817          Phone: (916) 216-1166          Fax (916) 476-3464          Email: <a href="mailto:info@redefiningyouththerapy.com">info@redefiningyouththerapy.com</a>          Web: <a href="http://www.redefiningyouththerapy.com">www.redefiningyouththerapy.com</a>          Contact: Peter Best</p>
<p>Sacramento Counseling &amp; Family Service Center          8100 Timberlake Way, Suite D          Sacramento, CA 95823          Phone: (916) 421-6500          Email: <a href="mailto:sffsc@yahoo.com">sffsc@yahoo.com</a>          Web: <a href="http://www.scfsc.info">www:scfsc.info</a>          Contact: Steve, Program Manager</p>	<p>Share Homes Family Service          210 N School Street          Woodland, CA 95240          Phone: (209) 334-6376 x100          Fax: (209) 334-4408          Email: <a href="mailto:ewood@sharehomes.org">ewood@sharehomes.org</a>          Web: <a href="http://www.sharehomes.org">www.sharehomes.org</a>          Contact: Eric Wood</p>
<p>Terra Nova Counseling          7844 Madison Avenue, #152          Fair Oaks, CA 95628          Phone: (916) 239-6377          Fax: (916) 344-0739</p>	<p>Darlene Viggiano, PhD, MFT          2308 J Street, Suite D          Sacramento, CA 95816          Phone: (916) 239-5248          Email: <a href="mailto:dbviggiano@gmail.com">dbviggiano@gmail.com</a></p>

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<p>Email: <a href="mailto:intakecoordinator@terranozacounseling.org">intakecoordinator@terranozacounseling.org</a>          Web: <a href="http://www.terranozacounseling.org">www.terranozacounseling.org</a>          Contact: April Gollnick-Licenik</p>	<p>Web: <a href="http://www.drvinggiano.yolasite.com">www.drvinggiano.yolasite.com</a></p>
<p>Wynspring Family Resource Center          2755 Cottage Way, Suite 16          Sacramento, CA 95825          Phone: (916) 480-0280          Fax: (916) 480-0282          Email: <a href="mailto:myvisit@wynspringfamily.org">myvisit@wynspringfamily.org</a>          Web: <a href="http://www.wynspringfamily.org">www.wynspringfamily.org</a>          Contact: Darlene K. Aiello</p>	<p>Youth Wellness &amp; Family Education Center          1104 Corporate Way          Sacramento, CA 95831          Phone: (916) 955-3673          Email: <a href="mailto:cspears@ywfec.org">cspears@ywfec.org</a>          Web: <a href="http://www.Ywfec.org">www.Ywfec.org</a>          Contact: Clarissa Spears, Director</p>

**This list is offered solely as a service to litigants in Family Court cases. Family Court has not investigated or evaluated the competence of the providers who are on these lists and does not endorse or recommend any provider. The information in each listing was self-reported by the individual provider and Family Court makes no warranty or guarantee concerning its accuracy or reliability. Litigants are encouraged to fully investigate the credentials of and methods employed by the providers.**