

**SACRAMENTO SUPERIOR COURT**  
**CO-PARENTING EDUCATION**  
**November 6, 2023**

**\* This list is maintained solely as a service to Family Court customers and constitutes neither an endorsement nor recommendation by the Court.**

The Co-Parent Educator offering instructive services in a classroom setting are considered educational as opposed to treatment oriented and are regulated in part by the California Commission on Teacher Credentialing if they provide services sanctioned and supervised by a public school district. Other providers offering classroom services for Co-Parent Education must be sanctioned and supervised by a licensed mental health provider, such as Kaiser Permanente or the County Department of Health and Human Services, or they must possess an advanced degree (Bachelor level or above) in psychology, sociology, or marriage and family systems.

Any provider offering co-parent education for clients referred from Family Court must address at least the following core topics of co-parenting:

- Impact of separation and divorce on children
- Children’s reaction to separation and divorce at each developmental stage
- Impact of post-separation or post-divorce conflict on children
- Understanding anger and its effect on children
- Keeping children out of the middle of parental conflict
- Emotional divorce and grief: Redefining relationships and roles as parents
- Establishing a “business” relationship as co-parents
- Parenting styles
- Co-Parenting basics
- Provide examples of effective and ineffective communication in common co-parenting situations

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| Name   | Other Languages |
|--|-----------------|
| <p>Attune Connect Counseling<br/>9616 Micron Avenue<br/>Sacramento, CA 95827<br/>Phone: (916) 287-3602<br/>Email: <a href="mailto:Admin@attuneconnect.com">Admin@attuneconnect.com</a><br/>Web: <a href="http://www.attuneconnect.com">www.attuneconnect.com</a><br/>Contact: Lindsey Yochum, LMFT</p>                     |                 |
| <p>Better Decision Counseling<br/>10366 Rockingham Road<br/>Sacramento, CA 95827<br/>Phone: (916) 368-0700<br/>Email: <a href="mailto:Betterdecisionsinfo@gmail.com">Betterdecisionsinfo@gmail.com</a><br/>Web: <a href="http://www.betterdecisionsinc.org">www.betterdecisionsinc.org</a><br/>Contact: Janina Guarino</p> |                 |
| <p>A Different Path<br/>4625 44th St. (Rm 37)<br/>Sacramento, CA 95820<br/>Phone: (916) 395-5023<br/>Email: <a href="mailto:customerservice@adifferentpath.info">customerservice@adifferentpath.info</a><br/>Web: <a href="http://www.adifferentpath.info">www.adifferentpath.info</a><br/>Contact: Ahisha Lewis</p>       |                 |
| <p>Face of Grace<br/>5407 Palm Avenue<br/>Sacramento, CA 95841<br/>Phone: (916) 993-8213<br/>Email: <a href="mailto:faceofgrace27@gmail.com">faceofgrace27@gmail.com</a><br/>Web: <a href="http://faceofgrace.biz">http://faceofgrace.biz</a><br/>Contact: Alma Ervin</p>  | 95841           |

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| <p>Flourishing Wings<br/>8037 Fair Oaks Blvd<br/>Carmichael, CA 95608<br/>Phone: (404) 988-0512<br/>Email:<br/><a href="mailto:Angelique.flourishingwings@gmail.com">Angelique.flourishingwings@gmail.com</a><br/>Web: <a href="http://www.flourishingwings.org">www.flourishingwings.org</a><br/>Contact: Angelique Bailey</p>   |         |
| <p>Angelique Gallow Life Coach Services<br/>7210 Greenhaven Dr, A-Z<br/>Sacramento, CA 95831<br/>Phone: (916) 252-6333<br/>Email: <a href="mailto:angeliquegallow@gmail.com">angeliquegallow@gmail.com</a><br/>Web: <a href="https://www.angeliquegallow.com">https://www.angeliquegallow.com</a><br/>Contact: Angelique Gallow</p>   |         |
| <p>Horizon Family and Community Services<br/>3960 Industrial Blvd, #200<br/>West Sacramento, CA 95691<br/>Phone: (916) 752-8965<br/>Email: <a href="http://www.horizoncounseling.org">www.horizoncounseling.org</a><br/>Web: <a href="http://www.horizoncounseling.org">www.horizoncounseling.org</a><br/>Contact: Jalena Rusaw</p> <p>Other Location:<br/>1130 Conroy Lane, #301<br/>Roseville, CA 95661</p> | Spanish |
| <p>Christine R. Jarka, LCSW<br/>7996 Old Winding Way, Suite 210<br/>Fair Oaks, CA 95628<br/>Phone: (530) 409-0518<br/>Email: <a href="mailto:crjarka@sbcglobal.net">crjarka@sbcglobal.net</a><br/>Web: <a href="http://www.crjarka@sbcglobal.net">www.crjarka@sbcglobal.net</a><br/>Contact: Christine Jarka, LCSW</p>  |         |

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| <p>My Visit – Supervised Family Connections<br/>2211 Park Towne Circle, Suite 4<br/>Sacramento, CA 95825<br/>Phone: (916) 480-0280<br/>Fax: (916) 480-0282<br/>Email: <a href="mailto:myvisit@wynspringfamily.org">myvisit@wynspringfamily.org</a><br/>Web: <a href="http://www.wynspringfamily.org">www.wynspringfamily.org</a><br/>Contact: Darlene K. Aiello, Director</p>  |         |
| <p>Northern California Breakthrough Parenting<br/>1017 L Street<br/>Sacramento, CA 95814<br/>Phone: (530) 632-2800<br/>Email:<br/><a href="mailto:norcalbreakthroughparenting@gmail.com">norcalbreakthroughparenting@gmail.com</a><br/>Web: <a href="https://www.norcalparenting.com">https://www.norcalparenting.com</a></p> <p>Contact: Christy L. Bodily, Director<br/>Locations: Yolo, Yuba, Sutter, Placer, Solano, Nevada, Napa, Marin, Colusa, Butte Counties</p> | Spanish |
| <p>A Parents Love Parenting Classes<br/>8250 Calvine Road, C283<br/>Sacramento, CA 95828<br/>Phone: (916) 662-5904<br/>Email: <a href="mailto:aparentslove9@gmail.com">aparentslove9@gmail.com</a><br/><a href="http://www.a-parents-love.mailchimpsites.com">www.a-parents-love.mailchimpsites.com</a><br/>Contact: Grace Onuoha</p>  |         |
| <p>South Sacramento MHC<br/>2020 29<sup>th</sup> Street, Suite 205<br/>Sacramento, CA 95817<br/>Phone: (916) 495-4561<br/>Email: <a href="mailto:r.alilmft@southsacmhc.com">r.alilmft@southsacmhc.com</a><br/>Contact Rabiia Ali, LMFT</p>   |         |

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| Stepping Stones to Success<br>4625 44 <sup>th</sup> Street<br>Sacramento, CA 95825<br>Phone: (916) 912-6723<br>Email: <a href="mailto:vincentsteppingstones@gmail.com">vincentsteppingstones@gmail.com</a><br>Web: <a href="http://www.steppingstonescampus.com">www.steppingstonescampus.com</a><br>Contact: Vincent Jones |  |
| Superior Outreach Services<br>4625 44 <sup>th</sup> Street, #104<br>Sacramento, CA 95820<br>Phone: (916) 245-0388<br>Email: <a href="mailto:yvettemadkins.sos@gmail.com">yvettemadkins.sos@gmail.com</a><br>Web: <a href="http://www.superioroutreachservices.org">www.superioroutreachservices.org</a>                     |  |

This list is offered solely as a service to litigants in Family Court cases. Family Court has not investigated or evaluated the competence of the providers who are on these lists and does not endorse or recommend any provider. The information in each listing was self-reported by the individual provider and Family Court makes no warranty or guarantee concerning its accuracy or reliability. Litigants are encouraged to fully investigate the credentials of and methods employed by the providers.