

**SACRAMENTO SUPERIOR COURT  
CO-PARENTING EDUCATION  
February 2025**

**\* This list is maintained solely as a service to Family Court customers and constitutes neither an endorsement nor recommendation by the Court.**

The Co-Parent Educator offering instructive services in a classroom setting are considered educational as opposed to treatment oriented and are regulated in part by the California Commission on Teacher Credentialing if they provide services sanctioned and supervised by a public school district. Other providers offering classroom services for Co-Parent Education must be sanctioned and supervised by a licensed mental health provider, such as Kaiser Permanente or the County Department of Health and Human Services, or they must possess an advanced degree (Bachelor level or above) in psychology, sociology, or marriage and family systems.

Any provider offering co-parent education for clients referred from Family Court must address at least the following core topics of co-parenting:

- Impact of separation and divorce on children
- Children's reaction to separation and divorce at each developmental stage
- Impact of post-separation or post-divorce conflict on children
- Understanding anger and its effect on children
- Keeping children out of the middle of parental conflict
- Emotional divorce and grief: Redefining relationships and roles as parents
- Establishing a "business" relationship as co-parents
- Parenting styles
- Co-Parenting basics
- Provide examples of effective and ineffective communication in common co-parenting situations

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Name	Other Languages
<p>Attune Connect Counseling 9616 Micron Avenue Sacramento, CA 95827 Phone: (916) 287-3602 Email: <a href="mailto:Admin@attuneconnect.com">Admin@attuneconnect.com</a> Web: <a href="http://www.attuneconnect.com">www.attuneconnect.com</a> Contact: Lindsey Yochum, LMFT</p>	
<p>Better Decision Counseling 10366 Rockingham Road Sacramento, CA 95827 Phone: (916) 368-0700 Email: <a href="mailto:Betterdecisionsinfo@gmail.com">Betterdecisionsinfo@gmail.com</a> Web: <a href="http://www.betterdecisionsinc.org">www.betterdecisionsinc.org</a> Contact: Janina Guarino</p>	
<p>A Different Path 4625 44th St. (Rm 37) Sacramento, CA 95820 Phone: (916) 395-5023 Email: <a href="mailto:customerservice@adifferentpath.info">customerservice@adifferentpath.info</a> Web: <a href="http://www.adifferentpath.info">www.adifferentpath.info</a> Contact: Ahisha Lewis</p>	
<p>Face of Grace 5407 Palm Avenue Sacramento, CA 95841 Phone: (916) 993-8213 Email: <a href="mailto:faceofgrace27@gmail.com">faceofgrace27@gmail.com</a> Web: <a href="http://faceofgrace.biz">http://faceofgrace.biz</a> Contact: Alma Ervin</p>	
<p>Flourishing Wings 8037 Fair Oaks Blvd Carmichael, CA 95608 Phone: (404) 988-0512 Email: <a href="mailto:Angelique.flourishingwings@gmail.com">Angelique.flourishingwings@gmail.com</a> Web: <a href="http://www.flourishingwings.org">www.flourishingwings.org</a> Contact: Angelique Bailey</p>	

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<p>Angelique Gallow Life Coach Services 7210 Greenhaven Dr, A-Z Sacramento, CA 95831 Phone: (916) 252-6333 Email: <a href="mailto:angeliquegallow@gmail.com">angeliquegallow@gmail.com</a> Web: <a href="https://www.angeliquegallow.com">https://www.angeliquegallow.com</a> Contact: Angelique Gallow</p>	
<p>Horizon Family and Community Services 3960 Industrial Blvd, #600 West Sacramento, CA 95691 Phone: (916) 752-8965 Email: <a href="http://www.horizoncounseling.org">www.horizoncounseling.org</a> Web: <a href="http://www.horizoncounseling.org">www.horizoncounseling.org</a> Contact: Jalena Rusaw</p> <p>Other Location: Roseville &amp; Folsom</p>	
<p>Christine R. Jarka, LCSW 7996 Old Winding Way, Suite 210 Fair Oaks, CA 95628 Phone: (530) 409-0518</p> <p>Email: <a href="mailto:crjarka@sbcglobal.net">crjarka@sbcglobal.net</a> Web: <a href="http://www.crjarka@sbcglobal.net">www.crjarka@sbcglobal.net</a> Contact: Christine Jarka, LCSW</p>	
<p>My Visit – Supervised Family Connections 2211 Park Towne Circle, Suite 4 Sacramento, CA 95825 Phone: (916) 480-0280 Fax: (916) 480-0282 Email: <a href="mailto:myvisit@wynspringfamily.org">myvisit@wynspringfamily.org</a> Web: <a href="http://www.wynspringfamily.org">www.wynspringfamily.org</a> Contact: Darlene K. Aiello, Director</p>	
<p>Northern California Breakthrough Parenting 1017 L Street</p>	Spanish

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<p>Sacramento, CA 95814 Phone: (530) 632-2800 Email: <a href="mailto:norcalbreakthroughparenting@gmail.com">norcalbreakthroughparenting@gmail.com</a> Web: <a href="https://www.norcalparenting.com">https://www.norcalparenting.com</a></p> <p>Contact: Christy L. Bodily, Director Locations: Yolo, Yuba, Sutter, Placer, Solano, Nevada, Napa, Marin, Colusa, Butte Counties</p>	
<p>A Parents Love Parenting Classes 8250 Calvin Road, C283 Sacramento, CA 95828 Phone: (916) 662-5904 Email: <a href="mailto:aparentslove9@gmail.com">aparentslove9@gmail.com</a> <a href="http://www.a-parents-love.mailchimpsites.com">www.a-parents-love.mailchimpsites.com</a> Contact: Grace Onuoha</p>	
<p>South Sacramento MHC 2020 29<sup>th</sup> Street, Suite 205 Sacramento, CA 95817 Phone: (916) 495-4561 Email: <a href="mailto:r.alilmft@southsacmhc.com">r.alilmft@southsacmhc.com</a> Contact Rabiia Ali, LMFT</p>	
<p>Stepping Stones to Success 4625 44<sup>th</sup> Street Sacramento, CA 95825 Phone: (916) 912-6723 Email: <a href="mailto:vincentsteppingstones@gmail.com">vincentsteppingstones@gmail.com</a> Web: <a href="http://www.steppingstonescampus.com">www.steppingstonescampus.com</a> Contact: Vincent Jones</p>	
<p>Superior Outreach Services 7000 Franklin Blvd., #740 Sacramento, CA 95823 Phone: (916) 245-0388 Email: <a href="mailto:yvettemadkins.sos@gmail.com">yvettemadkins.sos@gmail.com</a> Web: <a href="http://www.superioroutreachservices.org">www.superioroutreachservices.org</a></p>	

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<p>The Center for Integrative Healing 8788 Elk Grove Blvd. Building 1, Suite M Elk Grove, CA 95624 Phone: (916) 956-0436 Email: info@tcfih.com Web: tcfih.com Contact: Isabel K'Burg</p>	
<p>Jennifer Domingo, LMFT The KEY Wellness 5716 Folsom Blvd., # 348 Sacramento, CA 95819 Phone: (916) 234-3139 Fax: (916) 312-0908 Email: connect@keywellness.org Web: www.keywellness.org</p>	<p>Spanish</p>

This list is offered solely as a service to litigants in Family Court cases. Family Court has not investigated or evaluated the competence of the providers who are on these lists and does not endorse or recommend any provider. The information in each listing was self-reported by the individual provider and Family Court makes no warranty or guarantee concerning its accuracy or reliability. Litigants are encouraged to fully investigate the credentials of and methods employed by the providers.